

MAPUTO TRAIL RUN SERIES BY MOZABEAST



2024

MACANETA
TRAIL RUNNING
BY MOZABEAST



MARRACUENÉ
TRAIL RUNNING
BY MOZABEAST



NAMAACHA
TRAIL RUNNING
BY MOZABEAST



44th km
Ultra Run Maputo
2023



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VERY IMPORTANT

- Ethics and essential values will be prioritized: solidarity and respect from the organization, runners, volunteers, sponsors, partners and the public, combined with healthy sporting practice.
- Aware of the immense privilege of those who can run in total freedom along mountain paths, it is essential to share this illusion with everyone who cannot fully enjoy nature.
- By validating registration, the athlete is fully agreeing with these regulations.
- The veracity of the data provided is the responsibility of the participant, including for insurance purposes.
- Given the imperative need to preserve a natural heritage of enormous wealth, we want you to enjoy it, in full communion with nature, respecting and protecting it. For this reason, we call for compliance with the guidelines of the competent authorities.
- The organization may temporarily detain a runner or force him to abandon the race if it considers that his condition puts his physical integrity and safety at risk.
- Except in the case of injury or force majeure, the athlete is only allowed to abandon the race at a fuel station. The athlete is not allowed to deviate from the marked route without informing the organization and being duly authorized by it. If you do so, without justifying Due to such conduct, the athlete, in both situations, is subject to being prevented from registering for the events of this organization in the following years, for a period to be determined.
- When marking the routes, the organization will always use reusable and recyclable material, which will be covered and completed on foot until the day of the event.
- De-marking of the marked route will take place immediately after the last participant passes (“brooms” closure).
- The organization is not responsible for the property left to any of the volunteers during the athlete's participation in the race.

1. General conditions

1.1. Age of participation in the tests

Maputo Trail Series – Race intended only for athletes over 16 years of age.

1.2. Registration regularized

To participate in the event, the athlete must have received a formal invitation and their registration previously regularized within the established deadlines and accept all the rules contained in these regulations.

1.3. Physical conditions

It is essential to have the appropriate physical condition for the characteristics of this extremely difficult test, which simultaneously involves high mileage, a long period of time for completion, extremely mountainous terrain with high mountain characteristics and large differences in level, with technical trails. The terrain where the race takes place is subject to sudden weather changes, meaning athletes may be exposed to different meteorological situations such as: heat, cold, strong wind, dense fog and intense precipitation. It is essential that the athlete has the notion of self-management of effort, whether physical or mental, in the face of extreme adverse situations to which they may be exposed, without immediate help/rescue being possible. It is essential for the athlete to know how to act in the event of minor injuries, gastric discomfort, among other normal situations arising from mountain activities.

1.4. Possibility of external help

Support for athletes by elements external to the organization is only permitted at fuel stations, and the athlete, in accordance with point 1.3., must be aware of their needs during the race, as well as their ability to solve problems in unexpected situations. .

1.5. Dorsal placement

The number is personal and non-transferable. The athlete's bib must be in a location easily visible to members of the organization and other entities that support and/or collaborate with it. In case of withdrawal, the athlete must deliver the bib to the organization at the race secretariat, thus communicating their withdrawal.

1.6. Sports conduct

Inappropriate behavior, offensive language, verbal aggression or any other type of aggression will be reported to the authorities whenever the act merits such action.



2. Proof

2.1. Presentation of the test / organization

The Maputo Trail Series (MTS) is organized by Mozabeast Events, with the support of RP Business, Dentalcare and Tailwind.

The dunes and Macaneta beach will be the opening stage for this fantastic Trail event, which will feature 4 events.

Points of interest include the plains, dunes and magnificent beaches of Macaneta, the landscapes from the top of Marracuene over the Incomati River, the bay of Maputo and the mountains and waterfall of Namaacha.

If the organization understands it and the safety of the participants justifies it, the routes previously established for the event may be changed.

2.2. Program

1st Stage – Sunday February 18, 2024

5:15 am– Concentration of athletes at the Mozabeast venue in Macaneta.

6:00 am– Departure of the 1st Stage

2nd Stage - Saturday April 20, 2024

5:15 am– Concentration of athletes in Jardim de Marracuene.

6:00 am– Departure of the 2nd Stage

3rd Stage – Saturday June 2, 2024

6:15 am– Concentration of athletes at Fabrica das Aguas da Namaacha.

7:00 am– Departure of the 3rd Stage

4th Stage – Saturday November 23, 2024

5:15 am– Concentration of athletes at the Jardim dos Professores/Acaias roundabout in Maputo.

6:00 am– Departure of the 3rd Stage

***NOTE: Distances and elevation may change.**

2.3. Time control methodology

Control carried out using a chip inserted into the individual bracelet.



2.4. Supplies

This test takes place semi-autonomously, and it is essential that each athlete is accompanied by a minimum amount of calories and liquids for each stage, in order to meet their needs between refueling. Liquid/solid supplies will have an approximate distance from each other, on average, of around 4km in 4km.

2.5. Limit time

- The rider who withdraws must notify the organization of his abandonment, informing them of his bib number.
- There will be no time limit.

2.6. Recommended and Mandatory Material

Mandatory Material

- Reservoir for liquids with at least 0.5l capacity;
- Operational cell phone;

Recommended Material

- Front;
- Food reserve;
- Reservoir for liquids with at least 1.5l capacity;
- Waterproof
- Survival blanket;
- Whistle;
- Device that allows you to view geographic coordinates and altimetry – GPS or another device that has this functionality.

2.7. Information about passing places with road traffic

The organization will have a security system along the entire route, however, given that it will be impossible to cut off road traffic at some crossings, participants must comply with traffic rules on public roads, as well as at railway crossings, and must also respect the environment surrounding the route, being aware that the route may cross private property under penalty of having to assume potential damages and compensation resulting from non-compliance.

2.8. Penalties/disqualifications

Athletes must comply with this regulation and have appropriate sporting and environmental conduct, in compliance with the rules of the Law of Mozambique.



2.9. Responsibilities towards the athlete/participant

Registration for the test will imply full acceptance of these regulations. Participants will be responsible for all actions likely to cause material, moral, or any other damage to themselves and/or third parties. The organization declines all responsibility, in case of accident, negligence, or theft of objects and/or valuables, from each participant. The organization, as well as anyone involved in organizing the event, is exempt from liability resulting from the acts described above.

2.10. Sports insurance

The organization takes out the insurance required by law to carry out this type of test. The insurance premium is included in the registration fee.

3. Registrations

3.1. Registration process (site, website, bank transfer)

Registration is carried out online via the website www.mozabeast.com

3.2. Registration fees and periods

3.2.1. PACK 4 stages - limit of 100 participants

Until January 31, 2024 – 3500 Mt

Registration includes:

Personal accident insurance; Protection and relief service; Liquid and solid supplies; Finisher Medal; Offers referring to the test; Other offers and services that the organization may be able to obtain.

3.2.2. Registration per stage (limit of 100 participants): 1000 Mt



3.3. Collection of the Athlete Kit

In order to provide greater convenience for participating athletes, the organization, in collaboration with Dentalcare, will offer athletes the possibility of collecting their Athlete Kit in Maputo:

Dentalcare Clinic
Maputo Sommerschild

(Dates to be defined)

08:30 – 15:30: Operation of the secretariat/ survey of registration numbers on site to be announced shortly

3.4. Conditions for refunding the registration fee

If the athlete cancels their participation, part of the amount already paid will be refunded according to the table below:

Cancellation Date	Refund Percentage
More than 30 days before the test	70% of the registration fee will be refunded
Between 29 and 15 days before the test	40% of the registration fee will be refunded
up to 15 days before the test	No refund

In the event of extreme weather conditions (including, but not limited to, heat, tornadoes, earthquakes, fires, storms, lightning, and floods), accidents, acts of war or terrorism, military conflicts or riots, or for any reason that, at MOZABEAST's discretion, protects the safety of the participants and spectators of the Event, no refund of the registration fee will be issued in the case of such cancellation;

4. Categories and Awards

4.1. Date, place and time of prize delivery

The awards ceremony will take place at the location, day and time to be announced later:



4.2. Categories

Regarding the general classification, trophies and prizes will be awarded to the general classification to be announced in due course, prizes will also be awarded to categories:

Awards	M/F	4 Steps	Handle	Marracuene	Namaacha	Urban Maputo
General	1st,2nd,3rd	x	X	X	X	X

*There will be no classification by categories or teams, due to the reduced number of participants.

CHALLENGES	KMS	D+	D-	Type of land
Macaneta Trail Medio	11	70	70	Sand
Macaneta Trail Curto	8	60	60	Sand
Marracuene Trail Medio	11	350	350	Clay
Marracuene Trail Curto	8	350	350	Clay
Namaacha Trail Medio	13	500	500	Rammed earth and stone
Namaacha Trail Curto	8	350	350	Rammed earth and stone
Maputo Trail Medio	12	200	200	Sand + Dirt Earth + Asphalt
Maputo Trail Curto	8	200	200	Sand + Dirt Earth + Asphalt

Note: distances and altitude may vary with prior notice



5. Environmental responsibility

The athlete is solely responsible for transporting all natural (even biodegradable) or non-natural wrappers and waste, originating from gels, bars and/or others. He must deposit the waste at the nearest supply, or transport it to the finish line.

6. Image rights

Acceptance of this regulation necessarily implies that the participant authorizes the race organizers to record all or part of their participation in it, it also presupposes their agreement so that the organization can use the athlete's image for the promotion and dissemination of the race. in all its forms (radio, written press, video, photography, internet, posters, social media, etc.) and assigns all rights to its commercial and advertising exploitation that it deems appropriate to carry out, without rights, by the athlete , to receive any economic compensation.

7. Several

Participants are obliged to help injured parties and respect traffic rules at road crossings.

The organization reserves the right to make any modifications it deems necessary, depending on the different conditions, as well as to suspend the race, if weather conditions so require, or for reasons of force majeure.

If a participant is unable to participate and/or weather conditions/force majeure do not allow the event to take place or its cancellation, the organization does not see the obligation to refund the registration fees, as well as refunds to sponsors.

8. Omitted Cases

Any cases omitted from this regulation will be resolved by the organizing committee, whose decisions will not there will be an appeal.